ROI MEDICO SPA & BEAUTY

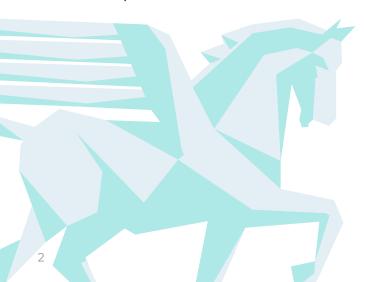
ROI
Medico • Spa

The luxury of perfect relaxation



WELCOME TO THE WORLD OF BEAUTY AND HEALTH!

Where the beneficial effect of the Rogaška natural mineral water intertwines with the intimacy of premium relaxation services. Rogaška Slatina is one of the loveliest spa resorts in Europe with a long tradition and unique mineral water featuring the highest magnesium content in the world, which has been used for medicinal purposes for over 400 years. A litre of mineral water contains over 1100 mg of magnesium, which is the second most important mineral in the human body taking part in over 300 vital metabolic processes.







ROGAŠKA MINERAL WATER – THE SOURCE OF HEALTH AND WELL-BEING

is a natural source of magnesium and other beneficial minerals for complete regeneration of the body and preservation of vitality.

THERMAL MINERAL WATER IN LOTUS POOL – THE ONE AND ONLY IN ROGAŠKA SLATINA

is unique mineral water that is used in thermal pool and provides many benefits to health and well-being.

ROI MEDICO

is a healthcare centre that offers a wide range of therapies, including balneotherapy, carboxytherapy, physiotherapy and pain management therapies, in combination with the healthy ROI dietary method.

ROI BEAUTY & SPA

is a beauty centre offering natural facial and body treatments, massage, various baths and treatments using detox apparatuses, and programmes for the complete relaxation and nourishment for your skin.

MINERAL WATER ROGAŠKA SOURCE OF LIFE – SOURCE OF HEALTH

The Rogaška mineral water differs from all other mineral waters in the world. As mineral water with the highest magnesium content it offers many benefits, but only if consumed moderately. Learn to enjoy the mineral water properly in view of various circumstances. Unique mineral water provides many beneficial effects on health in line with ways to consume water. If warm Rogaška mineral water is consumed quickly, digestive function will accelerate. If cold Rogaška mineral water is consumed slowly, mineral absorption will increase.

The most important element of the healing natural mineral water from Rogaška Slatina is magnesium, which appears in its most pristine natural form.

Chemical analysis of the Rogaška water:

PH 6,8	
370 mg	Ca
83 mg	Cl
7700 mg	hydrogen carbonate
1050 mg	Mg
2,2 mg	nitrates
24 mg	K
1600 mg	Na
2100 mg	sulphates
86 mg	Si

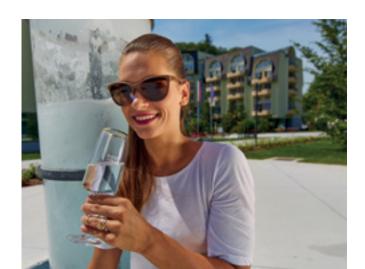
Indications:

- · liver, gall bladder, pancreas diseases,
- · chronic gastritis, meteorism, constipation,
- · obesity,
- · type II diabetes, elevated cholesterol,
- · elevated blood pressure,
- · lack of magnesium,
- · conditions under heavy physical and mental strain.

How to drink mineral water from Rogaška?

DISEASE	WHEN?	HOW MUCH?	WATER TEMP.
Liver diseases, flatulence	on an empty stomach	2–3 dcl	
	before lunch	1 dcl	25 °C
	before dinner	1 dcl	
Diabetes	on an empty stomach	2–3 dcl	
	before lunch	1 dcl	25 °C
	before dinner	1 dcl	
Stomach and duodenal	on an empty stomach	2–3 dcl	
disorders, high	before lunch	1 dcl	25 °C
acid levels	before dinner	1 dcl	
Obesity	before breakfast	3–5 dcl	75.00
	before lunch	2 dcl	35 °C
Cardiovascular disease	on an empty stomach	2 dcl	25 °C
	before sleep	1 dcl	
Preventive care	before eating	1–2 dcl	20 °C





THERMAL WATER IN THE LOTUS SWIMMING POOL THE ONLY ONE IN ROGAŠKA

The site is 1700 metres deep. The water springing out is hyperthermal with 5800 mg/l of dissolved mineral elements and the temperature of 59°C at the spring. Water in the swimming pool has a temperature between 31°C and 36°C (isotherm).

Indications:

- · chronic degenerative spine and musculoskeletal disorders,
- · chronic degenerative rheumatoid arthritis,
- · arthrosis and periarthropathy,
- · post-trauma and post-op musculoskeletal conditions,
- · mild forms of neuralgia,
- · mild forms of neurological impairments.

Balneo-chemical analysis of water

CATIONS		ANIONS	
Na	1700 mg	Cl	490 mg
K	42 mg	Fluoride	9,9 mg
Ca	28 mg	Iodide	0,44 mg
Mg	7 mg	Sulphate	1430 mg
Strontium	0,740 mg	Hydrogen	2100 mg
Li	0,38 mg	carbonate	

RT-1/92 R o g. Sla

ROI MEDICO

BALNEOTHERAPY

A treatment and rehabilitation method using natural healing springs or thermal and mineral water.

MEDICAL CHECK-UP:

Consultation with a doctor	50€
Control check-up	20 €
Doctor's room visit	100€
Prescription	5€
Blood pressure measurement	5€

Hydrotherapy

Treatment with thermal water, which alleviates pain and muscle spasms, improves joint mobility and enhances the body's immune system with healing energy.

COMPONENTS OF HEALING PROCEDURES WITH THERMAL WATER:

CO ₂ bath	30€
Thermal bath	30€
Soda bath	30€
Pearl bath	30€
Magnesium bath	30€
Underwater massage	30€
Individual workout in the swimming pool	35€

Inhalations

Alleviate problems in respiratory diseases.

Mineral water or herbs	15 min	17 €
or medicinal supplements		

Solna soba

Salt room	20 min	20€
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THERMOTHERAPY

It implies the supply and removal (cooling) of heat energy to and from the organism for therapeutic purposes. Thermotherapy alleviates pain, improves muscle and joint mobility, and relieves muscle spasms.

Fango

Is healing mineral mud that improves blood circulation, metabolism and excretion of toxic substances from the body, thus strengthening the immune system.

1 unit	21 €
2 units	27 €
3 units	31 €
4 units	36€
5 units	38€
6 units	41 €

Paraffin wraps

Paraffin leg wraps	20 min	15€
Paraffin arm wraps	20 min	15€

Wraps

Clay wrap	30 min	27€
Camphor wrap	30 min	35€
Seaweed wrap	40 min	35€

HEALTHY NUTRITION UNDER THE ROLDIET METHOD

ROI DIABETES PROGRAMME, ROI DETOX PROGRAMME, ROI BODY SLIM PROGRAMME

Some diets are intended for persons of all age groups and both genders, irrespective of their medical condition, to manage their weight to an optimal value (other than ROI DIABETES PROGRAMME).

The programmes do not involve food weighing, calorie counting and food quantification (other than the ROI BODY SLIM PROGRAMME).

Analysis of body composition	35€
on the InBody 770 apparatus	

The surcharge for dietetic food (Diabetes, Detox, Body Slim) amounts to €25 per day per person. The basic service is full board.

THERAPIES

Kinesiotherapy

Individual workout	30 min	30€
Group workout (5 and more persons)	30 min	10€

Magnetotherapy

It supplies additional oxygen, nutrients and water to body cells. Magnetotherapy is used to eliminate or alleviate pain caused by all degenerative joint inflammations and rheumatoid disorders. Magnetotherapy is recommended in the rehabilitation of injuries and improves blood circulation in headaches and osteoporosis.

Magnetotherapy	25 min	25€

Mechanotherapy

Pressotherapy	30 min	37€
US, sonophoresis		17€

Electrotherapy

The application of various forms of electric current relieves pain, improves blood and lymphatic flow, while stimulating and strengthening muscles.

Electrotherapy	20 min	17€

Pain management therapy

Tens, DDT, IFT, medication EF	17 €
Combination of UVZ + IFT	18 €



HILT - Laser Therapy

High Intensity Laser Therapy is based on the proven efficiency of low-power lasers. It penetrates deep into the tissue and has a pronounced painkilling, anti-inflammatory and bio-stimulating effect.

Laser therapy	32€
HILT – laser therapy Package 5x	145€

Carboxytherapy

A medical procedure involving the use of medical CO2 for the purposes of enhancing blood circulation and tissue nutrition. Carbon dioxide is released naturally in the human organism during the breathing process and causes no allergies or adverse reactions.

Dry CO ₂ bath	40€
Injections 1x	25€
Injections Package 5x	110€

MASSAGES

20 min	30€
45 min	48€
30 min	40€
45 min	53€
60 min	63€
90 min	91€
30 min	50€
45 min	70€
60 min	85€
30 min	40€
45 min	53€
60 min	65€
	10€
30 min	45€
45 min	60€
60 min	71€
115 min	110€
30min	50€
50 min	60€
60 min	75€
30 min	40€
	45 min 30 min 45 min 90 min 30 min 45 min 60 min 115 min 30min 50 min

Reflexology foot massage	20 min	35€
	30 min	40€
Reflexology foot massage + paraffin wrap	40 min	46€
Manual lymphatic	30 min	40€
drainage	45 min	53€
	60 min	63€
Anti-cellulite	30 min	42€
massage	45 min	55€
	60 min	65€
ROI massage Unique house massage	60 min	60€
ROI massage with a clay wrap and mineral water	80 min	80€



Ayurvedic massage
Ayurveda is an Indian science of "life and longevity".

60 min	71 €
45 min	65€
60 min	71€
45 min	65€
30 min	45€
45 min	60€
60 min	71€
30 min	45€
30 min	45€
15 min	25€
	15€
	45 min 60 min 45 min 45 min 60 min 30 min 30 min







ROI SPA & BEAUTY

ROI AEMOTION AND DREAM SPA

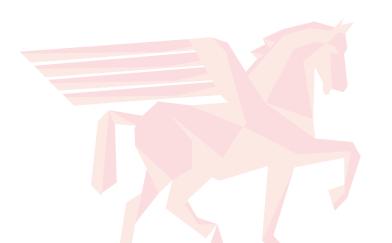
Pampering on a water bed combined with sauna and chromotherapy.



ROI Cellulite	90 min	110€
ROI tone/anti-age	60 min	90€
ROI Detox	60 min	90€

ROI DREAM SPA

ROI RITUAL	100 min	135€
A ritual combining selected		
protocols for face and body		
treatment using various		
massage techniques to relax		
the body, mind and soul.		
Tone and anti-ageing treatment.		





BODY SHAPING

TECHNISPA

Body shaping, anti-cellulite procedures, skin firming and toning (vacuum + deep heat + double ionisation).

Whole body	60 min	105€
Thermo relax firming treatment	45 min	85€
Weight loss and anti-cellulite treatment	45 min	85€
Light foot treatment	30 min	60€
Partial treatment (back, abdomen)	30 min	60€

FUSIOMED - RADIAGE

Non-surgical ultrasonic liposuction.

Cavitation	60 min	150 €
Cryotherapy – freezing	60 min	150€

ULTRATONE FUTURA® PRO

Muscle stimulation, body shaping

A unique solution for body shaping and facial rejuvenation.

Therapies are used for:

- · reducing body girth and losing weight,
- · glute shaping and lifting,
- · reducing and losing cellulite,
- · bust shaping and lifting,
- · rejuvenating and improving skin tone,
- detoxification.

BIOSTIMULATION	30 min	60€
TREATMENT		
Ultratone Futura® PRO		

ULTRASOUND AND CAVITATION TREATMENT

Parts with excess fat or cellulite can be efficiently reshaped. The combination of ultrasound and cavitation is the most efficient natural liposuction procedure. Fat deposits initially weaken and then completely vanish through the lymphatic system (thanks to ultrasound). (The therapy is recommended 3 times a week.)

ULTRASOUND	10 min	45 €
CAVITATION		
Natural liposuction procedure		
ULTRASOUND CAVITATION	50 min	95€
OF THE BODY WITH		
BIOSTIMULATION		

CLUEDERM

VACUUM / RF / LED LIGHT A SMART BODY SHAPING SYSTEM

- Body shaping
- · Reducing cellulite
- Firming

Refit, the latest radio frequency, is a synergy of multipolar RF, vacuum suction and LED technology to achieve collagen contraction and generation, a lifting effect along with firming and cellulite reduction.

Procedures are carried out individually, depending on the client's wishes and therapy requirements.

Arms or abdomen	20 min	75€
Back or legs	30 min	80€



BODY TREATMENTS

Body peeling Removes dead cells, cleanses and smooths the skin, making it ready for further treatment.	20 min	30€
Peeling and relaxing massage Soft peeling and relaxing body massage for skin regeneration and relaxation.	60 min	75€
Detox treatment with algae A treatment for water excretion, skin moisturising and tone improvement.	60 min	75€
Anti-cellulite treatment with algae and green coffee This unique treatment reduces cellulite, has a slimming effect and has a beneficial effect on skin tone.	75 min	79€
Lumafirm Body Firm & Glow A single body treatment enriched with an exclusive combination of ingredients against skin ageing for a visibly rejuvenated body.	60 min	75€
A vitamin treatment against skin ageing with tropical fruits An extraordinary treatment that firms the skin and makes it supple, firm and shiny.	60 min	75€
Leg shaping treatment with seaweed A treatment that promotes drainage and eliminates fatigue and swelling while stimulating the lymphatic system.	50 min	50€



Smoothing body treatment with peeling The treatment softens and smooths dry and coarse skin areas.	45 min	45€
Chocolate pampering Escape to a sensual oasis and indulge in luscious chocolate mousse. This luxurious 3-in-1 body experience combines cleansing, exfoliation and masking with the goodness of cocoa and a powerful blend of active ingredients. Your skin will look irresistibly soft, smooth and radiant, and firmer and more toned.	60 min	85€
Chocolate pampering Combination with massage	100 min	110€
Dry body brushing with an anti-ageing wrap + present After a thorough dry-brushing technique, the wrap applied intensely nourishes the skin and restores its revitalising effects while reducing its dryness and coarse structure.	50 min	59€

BODY TREATMENT

TERMIC MUD

40 min 50 €

The thermic mud therapy for the entire body enriched with a thermal or cooling spray. The thermal treatment is intended for weight loss, fat burning, detoxification and oxygen supply. The cooling treatment has a detoxifying and firming effect while washing away excess fluid from the body.

TERMIC MUD

80 min 110 €

Combination with peeling or massage

LIPOSALT

60 min 80€

Intensive salt therapy against cellulite and for burning fat, firming the body, washing away toxins and stimulating the metabolism.

SLIMMING AND ANTI-CELLULITE TREATMENT WITH SEAWEED TRIS

Intensive slimming and anticellulite treatment with algae.

60 min 75€

65 €.

COCOA TERMIC BODY WRAP 60 min

An innovative wellness body treatment that invites you to feel good and relax. When in contact with water, the powder instantly turns into a crackling foam. It emits progressive heat, allowing for complete relaxation and the use of the positive effects of cocoa on the body.

BODY SCRUB WITH THREE SALTS AND RELAXING ESSENTIAL OILS

Body scrub with Dead Sea salt, Himalayan salt and Brittany coast salt with intoxicating essential oils effectively removes dead cells, remineralizes and nourishes the skin

30 min 40 €



RHEA FACIAL TREATMENT

RHEA COSMETICS

Advanced medical and vegan cosmetics that adjusts to all skin conditions and types. The treatment is put together with respect to skin issues and goals one wishes to achieve. Each procedure is individualised and features intensive complex compounds that smooth out wrinkles, improve elasticity, boost oxygen, highlight pigmentation spots, abate bags under the eyes and moisten the skin.

60 min 120 €

80 min **160** €

100 min 200 €

120 min **240** €

140 min 280 €

AGE FACTOR PREMIUM

A premium treatment with an exclusive complex of 24 exposome factors that fully protects the skin against UV radiation, stress, hormonal changes and so on. The procedure acts against the signs of ageing while smoothing facial lines, brightening and firming the skin, abating the appearance of spider vessels and restoring the skin barrier.

60 min 140 €

80 min **180**€



GUINOT FACIAL TREATMENT

Detoxygene facial treatment

50 min 95€

An innovative oxygen treatment for weary and dry lifeless skin and the skin of smokers and all those exposed to pollution. RESULTS after a single treatment: wrinkle depth reduces by 43%, hydration increases by 66%, while the number and width of pores diminishes by 83%.

Lift Summum 50 min 85 €

Intensive anti-ageing manual procedures used to enhance the immunity of cells generating collagen and providing elasticity. The result is firm, tight and shiny skin with smooth lines and rejuvenated appearance.

Hydra Peeling 50 min 85€

Intensive all-in-one acid treatment for line smoothing, rejuvenating, moisturising and brightening pigmentation spots. The skin is tight, regenerated and shiny after a single procedure, lines reduce by 23%, while pigmentation spots are less visible by 46%. The procedure may be carried out independently or in combination with other Guinot procedures with respect to the needs and condition of the skin.

60 min 110 €

Age Summum facial and hand treatment

Age Summum is a prestigious multi-functional anti-ageing treatment featuring hyaluronate and collagen, which are used to regenerate and firm skin, thus restoring its shiny and firm appearance within an hour.



PEVONIA FACIAL TREATMENTS

Basic facial treatment
The treatment includes skin

The treatment includes skin treatment, facial and cleavage massage, enzyme peeling, deep cleansing and mask application. 60 min 70 €

Anti-stress massage or lymphatic drainage of the face with a mask

The massage features a combination of top quality and extremely delicate oils that efficiently reduce dehydration and a feeling of dry skin while promoting well-being and general relaxation.

45 min 40€

Facial treatment for men with caviar

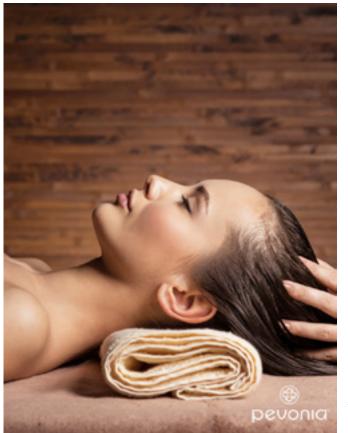
Stop the ageing process with a treatment of proven effect designed specifically for the needs of male skin. Caviar with a rejuvenating effect and regenerating Escutox® will nourish your skin with extraordinary anti-ageing ingredients.

60 min 85€

Special Pevonia facial treatment with target action

A cosmetologist examines your skin and decides what treatment is best for your skin: smoothing, moisturising, soothing, nourishing, anti-redness or for skin radiance.

60 min 85€



APPARATUS-BASED FACIAL TREATMENTS

Hydradermie Cellular Energy An alternative to aesthetic medicine

FACIAL PROCEDURES FIT FOR ALL SKIN TYPES AND CONDITIONS

SEVERAL FUNCTIONS ARE PERFORMED:

- DOUBLE IONISATION mild electrotherapy with gentle movements of rollers that enable gel serums to penetrate deeper into the skin.
- OXYGENATION supply of oxygen and energy to cells with antibacterial and antiseptic activity.
- MUSCLE STIMULATION low frequency stimulating microcirculation that is used to stimulate the contraction of muscular structure.
- LYMPHATIC DRAINAGE eliminating waste liquids and distension while relaxing muscles.

HYDRADERMIE CELLULAR ENERGY lin1 Dynamic ionisation and tempera- ture enhances cell biological activity.	60 min	110€
HYDRADERMIE CELLULAR ENERGY - LIFT lin1 Anti-ageing drainage, removal of retained lymph and line shaping that is used for stimulating muscle contraction. It makes	60 min	130€

EYE LOGIC – COMPLETE EYE 40 min 65 € TREATMENT

The EYE LOGIC intensive treatment for the area around the eyes is a perfect treatment used for SIMULTANEOUS action against lines, dark circles.

facial lines youthful again by increasing muscle tone.

HYDRADERMIE CELLULAR ENERGY - DELUX 2in1 Hydradermie cellular energy-delux is a 2-in-1 treatment. It combines Hydradermie Cellular Energy and Hydradermie Cellular Energy Lift. The treatment provides superb re- sults, even after the first treatment. Three specific functions notably rejuvenate facial lines and the skin.	90 min	160€
HYDRADERMIE CELLULAR ENERGYDELUX 3in1 By combining a special mask or special EYE LOGIC treatment or HYDRA-CLEAN.	100 min	190€
VIP-GUINOT facial treatment 4inl Individualised facial treatment using Guinot cosmetics.	120 min	220€
HYDRA CLEAN – A deep cleansing facial apparatus This is an exclusive treatment for deep cleansing and moisturising the face. Your skin will liven up after a single treatment, raising the moisture level and absorption of active substances by 40%, while reducing acne by 97%. A facial cleansing procedure combined with massage and a mask.	40 min	60€
HYDRACLEAN SPECIAL The treatment is fit for all skin types. It involves a combination of mechanical and manual facial	70 min	85€

Radiage - facial treatment

Radio frequency is a non-invasive technique where RF energy is used to heat deeper skin layers. Radiage is one of the latest methods used to rejuvenate facial, neck and cleavage skin. It firms and tightens the skin in the long run, with notable results after the first procedure.

RADIO FREQUENCY

60 min 140 €

Face radiage

CLUEDERM

A SMART FACIAL REJUVENATION SYSTEM (VACUUM / RF / LED LIGHT)

- · Lifting & Firming
- · Wrinkle reduction & anti-ageing
- MULTIPOLAR RF RF energy delivers heat energy to the dermis and subcutaneous tissue,
- stimulates skin metabolism, strengthens the collagen chain and improves skin elasticity.
- VACUUM improves blood circulation and reduces connective bonds between fat cells, thus reshaping the body. Furthermore, it enhances the penetration of RF energy into deeper skin layers.
- Led Specially selected wave lengths of 640nm and 460nm improve blood circulation and skin tone.

FACE, NECK and CLEAVAGE

50 min 150 €

A procedure combining an apparatus and special face mask

COOLIFTING

Coollifting gun shoots a strong flow of CO2 onto the skin along with an extremely high concentration of atomised actives at a very high pressure and low temperature. It is the most spectacular and fastest procedure ever witnessed in the time lapsing challenge (stimulation, Coollifting, mask or oxygen).

CooLifting

50 min 150 €



ULTRASONIC FACIAL THERAPY

A treatment fit for all skin types. The treatment includes skin treatment, facial and cleavage massage, enzyme peeling, deep cleansing, application of an ampoule and a mask with respect to the skin type and a mask around the eyes. The treatment is true luxury for the skin, making it shiny, nourished and fresh after the treatment.

Ultrasonic facial therapy

60 min 90€

DALÚ NATURAL SKINCARE

FACIAL TREATMENTS

ROYAL ANTI-AGING RADIANCE BEAUTY RITUAL DALÚ

Vitamin C Illuminating and
Anti-aging facial treatment

60 min 130 €
90 min 160 €

The royal anti-aging ritual visibly tightens the skin, moisturizes it and reduces wrinkles. Vitamin C and biotechnological ingredients lighten the skin, give it a healthy glow, and have a rejuvenating effect. ActiwhiteTM is an innovative synergistic complex of sucrose and pea extract that lightens the skin and thus hyperpigmentation and reduces the formation of melanin.

ULTIMATE INTENSIVE HYDRATING & ANTI-AGING BEAUTY FACIAL RITUAL DALÚ

6D Hydra Concept & Anti-Aging facial marine boost treatment 60 min 110 € 90 min 130 €

Intensive moisturising and anti-aging care using a modern 6-dimensional hydration concept: 3 different sizes of hyaluronic acid in combination with other high-tech moisturisers and anti-aging ingredients - Ectoin®, Phytospherix®, AquaxyITM, InstensyITM moisturise the skin and restore collagen and elastin. Fine wrinkles disappear, and the skin is toned and healthy. Spirulina boost ensures deep remineralisation.

24-KARAT GOLD PURE LUXURY LIFT & FIRM BEAUTY RITUAL DALÚ

24- karat gold leaf 105 min 350 € radiance tratment

115 min 410 €

(additional gold eye patches)

Restore your skin's radiance with gold! Not only is gold visually appealing and adds a touch of luxury, but it also has proven beauty benefits that date back centuries. It removes dark spots on the skin (hyperpigmentation) and brightens it. It is a natural anti-inflammatory agent, thus healing skin inflammations and soothes redness. It activates the basal cells in the skin and increases its elasticity and tone.

ANTI-AGING BIOTEC RITUAL DALÚ

Experience the ultimate rejuvenation with a radiofrequency anti-ageing facial treatment designed to deliver the perfect lift. Advanced biotechnological ingredients deeply hydrate, nourish the skin intensively, and enhance its firmness. This cutting-edge radiofrequency technology effectively reduces the appearance of wrinkles, leaving your skin visibly smoother and more youthful.

Anti-aging biotec ritual Dalú 60 min 150 €
With facial stimulation 70 min 170 €

ANTI-AGING BEAUTY EYE RITUAL

Antiwrinkle, anti-puffiness and and dark circles eye treatment 35 min 60 €

Anti-aging eye care reduces wrinkles, dark circles, and puffiness. Hyaluronic acid, Phytospherix TM and Bellafeye TM are exceptional ingredients that revitalise the skin, improve its softness, reduce age spots, reduce wrinkles around the eyes and puffiness.

24-KARAT GOLD EYE ANTI-AGING RITUAL

24- karat gold 45 min 180 € anti-aging treatment

24-carat gold in the form of patches deeply accelerates the synthesis of elastin and collagen, brightens the skin, and gives it a royal glow.

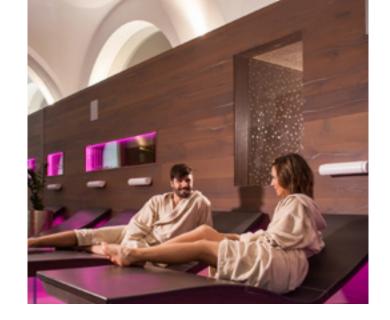
SOS SENSITIVE SKIN BEAUTY FACIAL RITUAL DALÚ

Soothing and calming 60 min 90 € sensitive skin treatment

After the treatment, your skin will be reborn, fresh, and radiant.

ROI MANICURE

CLASSIC MANICURE Shaping fingernails, cuticle cleaning and trimming, polishing, varnish	30 min	30€
ROI MANICURE Hand peeling, nail shaping, cuticle cleaning, massage with a paraffin mask, nail varnishing	60 min	44€
MANICURE FOR MEN Shaping fingernails, cuticle cleaning and fingernail polishing	25 min	25€
FINGERNAIL VARNISHING		6€



ROI PEDICURE

ROI PEDICURE Pedicure, reflexology foot massage with aromatic balms, a mask	68€
BASIC ROI PEDICURE Apparatus-based skin cleaning, cuticle trimming and cleaning, and fingernail varnishing	35€
SPECIAL MEDICO PEDICURE Callus removal with a scalpel or apparatus, fingernail shaping, cuticle cleaning and problem solving (corns, ingrown toenails and bunions)	41 €

ADDITIONAL SERVICES

Eyebrow plucking and shaping	9€
Eyebrow dyeing	9€
Eyelash dyeing	9€
Face wax (partial)	9€
Face wax (total)	11€
Leg wax (partial)	19€
Leg wax (total)	29€
Bikini wax	14€
Arm wax	17 €

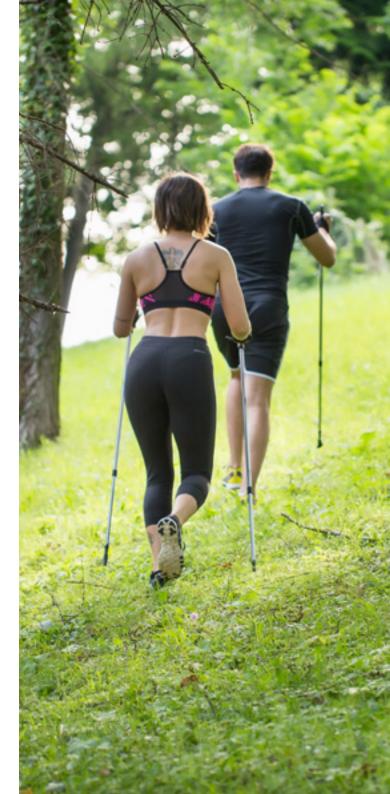
PHYSICAL ACTIVITY

has become not only a trend, but also a necessity of the modern era. A great deal of research has proven that physical exercise has a highly positive effect on general well-being, whereas our health and relaxation are also affected by our mental health.

During workout, muscles are well-vascularised, muscle tone increases, subcutaneous fat reduces, ligaments strengthen and so on.

WE OFFER

Individual workout	30 min	30€
	60 min	50€
Production of an individualised workout programme		40€
Preparation of an individualised menu		40€
Morning gymnastics	20 min	5€
Nordic walking	30 min	30€
	60 min	50€
Swimming pool gymnastics	15 min	5€
Individual Tibetan singing bowls	30 min	15€
Group Tibetan singing bowls (min. 3 persons)	30 min	5€
Lease of Nordic poles		5€
Rent-a-bike	1 h	10€



ADVICE AND INFORMATION

Our ROI SPA receptionists will gladly provide any advice you need while planning your individual wellness programme at:

+386 3 811 4160 lotus@rogaska.si

EARLY BOOKING

Are you interested in booking services or packages? To plan your optimum stay at ROI MEDICO & BEAUTY, you are recommended to book your term a few days before your arrival.

PREPARATION

To be able to fully relax and enjoy the medical and wellness procedures, it is recommended that you arrive ten minutes before the service starts. A warm shower, sauna or a bath will further relax your body. Men are recommended to shave at least three hours before a facial treatment. Should you be late, please note that your service will be accordingly shortened out of respect for further guests.

REQUEST

We seek to fulfil all your wishes, which is why we need to ask you, before starting any treatment, what you consider the most important? Expert consultation is part of the treatment, which is considered as essential.

The price list is valid from February 2025. We reserve the right to change prices. VAT is included in the price. Hotel Sava Rogaška d. o. o., Zdravilišk trg 6, 3250 Rogaška Slatina, Slovenija.

T. 03 811 40 00. www.rogaska.si, lotus@rogaska.si

CLOTHES

You are kindly asked to attend procedures wearing a bathrobe. To protect your intimacy, we offer disposable underwear. You are kindly asked to attend the Shiatsu massage wearing sportswear. Please do not consume food and alcoholic beverages before the service.

CANCELLATION OF PROCEDURE

You are kindly asked to notify any cancellation of a booked appointment at least 24 hours in advance. If you fail to cancel a booked service and do not intend to use it, you will be charged the full service price.

CHANGES TO THE THERAPY SCHEDULE

If you wish to change a scheduled appointment that has already been confirmed, you can do that no more than twice and at least 24 hours in advance. Any subsequent changes will be subject to a €20 fee per changed appointment for each service.

WARNINGS

It is recommended that you wear no jewellery while visiting the wellness centre, as you will need to take it off before each treatment. We hold NO RESPONSIBILITY for the items lost. You are kindly asked to warn us about your medical problems and restrictions, as that is the only way to advise you on what is the best for you.

VOUCHERS

A voucher is an ideal present for pampering your partners, friends or family members. For more information about ROI SPA vouchers please ask the SPA reception.

SAVA CLUB CARD FOR SPECIAL BENEFITS

Discounts on the applicable regular prices ROI Medico Spa service.

- . 300 € 499 €
- 3 %
- . 500 € 999 €
- 5 %
- 1000 € and more
- 10 %

ROI MEDICO & SPA

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ぽ /RoiMedicoSpa

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